# Pathways to Service Use among Families at Risk of Child Maltreatment

## **Background and Significance**

Families at risk of child maltreatment or those already involved with child welfare have multiple problems. Yet many do not receive enough services to meet their needs (Drake, Johnson-Reid, Way & Chung, 2003; UHHS, 2009). Previous studies found that involvement in child welfare, types and numbers of caregiver's problems, (Staudt & Cherry, 2009) and ethnicity (Libby et al., 2006) were associated with service receipt.

However, what other factors hinders or facilitates service use for at-risk families is not fully understood. This is troublesome because caregivers' service use can be closely related to children's wellbeing and safety. To know whether pathways to service use vary among at-risk caregivers, this study examines what predicts service use of caregivers with perceived service needs and caregivers without perceived service needs. I hypothesize that there is a difference in predictors of service use between these two groups of caregivers.

### **Research Hypothesis**

Different factors will predict service use of caregivers at risk of child maltreatment depending on their perceived service needs.

# Methods

The Setting and Procedures: The study used subgroup of caregivers who participated in the Longitudinal Studies in Child Abuse and Neglect (LONGSCAN) (N=602) both at wave 4 and wave 6. LONGSCAN surveyed 1354 caregivers and focal children in 5 cities in the U.S. since 1991. Caregivers of CPS reported families and matched non-reported families were interviewed biannually and the current study utilizes information from wave 4 and wave 6 surveys. **Participants**: The sample consists of biological mothers, grandmothers, foster mothers and adoptive mothers of the focal child. Two subgroups of caregivers are created in the sample; caregivers who perceived service needs (n=181) and those who did not perceive service needs (n=421) at wave 4. **Measures:** The outcome of caregiver service use (measured at child age 6) is defined as caregivers' receipt of help from professionals in various areas including mental health, health, social services, work counseling, and substance abuse treatment in the past year. The analysis models included a variety of individual and family factors both from wave 4 and 6. **Analysis:** For a bivariate analysis, Kruskal-Wallis test and chisquare test were used to compare sample characteristics of two groups (caregivers who used services at child age 6 and those who did not). Kruskal-Wallis test is bivariate analysis method used without the assumption of normality of variables. Chisquare test was used for categorical variables. Multiple imputation using PROC MI and PROC MIANALZE in SAS 9.2 was used to handle missing values and the possible small sample size when cases with missing values are dropped. After multiple imputation, logistic regression was conducted with multiple imputed datasets and the results were synthesized by PROC MIANALYZE. Logistic regression model was used to examine how various factors at the wave 4 and wave 6 predict caregivers' service use at child age 6.

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#### Table 1. C

Factors measure Social support\*\* Negative life eve **Psychosomatic** Family functionin Caregivers' serv Perceived service Child's receipt of Have taken med Have participate Have been hosp Reported child r

Factors measured Income (1=< \$9, Social support ' Everyday stress Poor health\*\*\* Being White\*\*\* Being African Ar Reported child r

#### \*<.05, \*\*<01, \*\*\*<.001

# Table 2. Predictors of caregivers' service use

Factors measure Social support Negative life eve **Psychosomatic** Family functioning Caregivers' serv Perceived service Child's receipt o Have taken med Have participate Have been hosp Reported child

Factors measur Income Social support a Everyday stress Poor health Being White **Being African Ai** Being single Reported child r

\*<.05, \*\*<01, \*\*\*<.001

In Table 1, caregivers with perceived service needs showed overall more negative aspects in a variety of factors such as social support, family functioning, reported child maltreatment, everyday stressors, degree and experience of mental health problems. In Table 2, there are predictors of caregivers' service use both similar and different across two subgroups of caregivers. For those with perceived service needs, more social support at age 4 predicted service use along with everyday stressor, being single, and ever been in substance abuse treatment. For caregivers without perceived service needs, caregivers' previous service receipt, ever been in substance abuse treatment, everyday stressor, being African American, and being single were significant predictors.



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<b>Results</b> Characteristics of caregivers in two different groups						
vents*** vents*** c symptoms*** ning*** rvice receipt *** vice needs for the child*** of service*** edication for emotional condition*** ted substance abuse program ***	N 165 165 165 165 165 181 181 181 181 179 179	Mean or % 34.6 -4.1 30.6 11.4 62.4 % 41.4 % 33.2 % 20.1 % 23.5 %	N 389 408 400 397 421 421 421 421 367 363	Mean or % 39.5 -2.5 26.3 12.8 11.2 % 21.4 % 18.6 % 4.6 % 8.3 %		
spitalized with MH *** maltreatment reported*** ured at age 6 9,999, 2=<\$19,999, 3=>\$20,000) ** sor*** American *** maltreatment***	180 181 162 168 165 165 165 165 181	16.7 % 72.4 % 2.03 35.9 38.8 3.0 52.1 % 36.4 % 31.5 %	365 421 396 378 379 400 399 399 399 421	6.0% 49.2% 1.96 39.0 34.5 2.3 24.1% 63.0% 15.7%		

	Caregiver <b>with</b> perceived service needs		Caregiver <b>without</b> perceived service needs			
ired at age 4	β	Odd Ratio	β	Odd Ratio		
	.07*	1.07	03	.97		
vents	03	.97	02	.99		
c symptoms	02	.98	.00	1.00		
ning	12	.89	.12	1.13		
rvice receipt	.03	1.03	.66**	1.93		
vice needs for the child	.36	1.43	.06	1.06		
of service	.26	1.30	.14	1.15		
edication for emotional condition	.55	1.74	.08	1.08		
ted substance abuse program	.80**	2.22	.76**	2.15		
spitalized for MH problems	.33	1.39	.54	1.72		
maltreatment reported	.15	1.16	.06	1.06		
ired at age 6						
	.39	1.48	.09	1.10		
at age 6	.02	1.02	.05	1.04		
ssor	.08**	1.09	.06*	1.06		
	15	.85	.19	1.21		
	.46	1.58	13	.88		
American	27	.76	65*	.52		
	.52**	1.68	.86**	2.37		
maltreatment	.21	1.24	.18	1.20		

### The findings suggest the possibility of different pathways to service use among caregivers at risk of child maltreatment. Although there were common predictors of service use such as substance abuse treatment, everyday stressor, and being single, there were also different factors. It is interesting that social support at child age 4 was a significant predictor only among those with perceived service needs although they had less social support overall. Among caregivers without perceived service needs, previous service use was a strong predictor along with being African American predicting less likelihood of service use.

Different approaches to facilitate service use can be considered; when caregivers perceived their service needs, social support might help caregivers get information on services, have access to services and complete service receipt. Practitioners could help at risk caregivers first to realize their needs and to develop and maintain social support so that they can voluntarily seek the services and meet their needs.

However, odd ratio is very small for social support and the finding is preliminary. More studies needs to be conducted to validate this study's findings and establish different pathways to service use of caregivers at risk of child maltreatment.