



**CHILDREN AND FAMILY
| RESEARCH | CENTER**

UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN
SCHOOL OF SOCIAL WORK

CAC Research: New Developments & Remaining Needs

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Today's Presenters

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Overview

- What do we know from CAC research?
- What are some interesting recent research findings?
- Where do we go from here?



What do we know from CAC research?



Research on the impact of CACs is accumulating!

- Elmquist (2015) reviewed 24 publications (most but not all were research studies)
- Herbert & Bromfield (2015) reviewed 27 research studies
- Studies varied in rigor
 - Some had comparison groups and some did not
 - Variation in size of samples
 - Some used validated measures; others more impressionistic
- Research studied a wide range of outcomes



Key findings across both reviews

- Methodological limitations to many studies
 - Need longitudinal designs
 - Larger samples
- Larger array of outcomes needed
- Assess variability across centers/center-specific outcomes

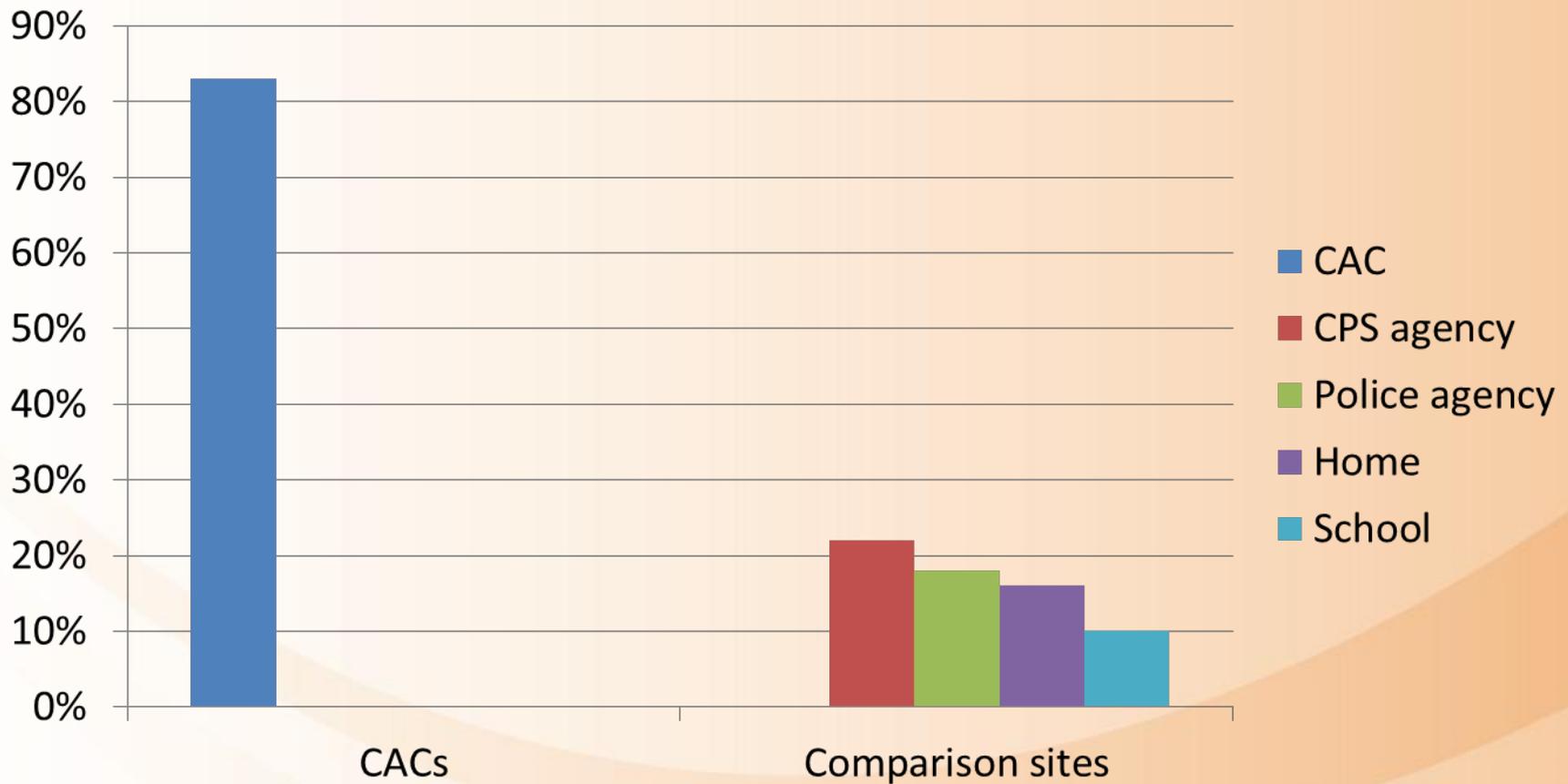


Research on CAC impact on Different Processes and Outcomes



Child-focused interview location

(from Cross et al., 2007, 2008)





Multidisciplinary Response

Cross et al. , 2007	CAC communities	Comparison communities
More coordinated police-CPS investigations	81%	52%
More team interviews	28%	6%
More case reviews	56%	7%
Smith et al., 2006 ^a	CAC cases	Non-CAC cases
More law enforcement investigations	71%	33%

Note. ^a Comparison group from same community; no matching procedure used



Child & Parent Satisfaction – Academic Studies

Study	Result
Jones et al., 2007	<ul style="list-style-type: none">• Increased parent satisfaction with CACs vs. comparison• No differences for children
Bonach, et al., 2010	Clients satisfied with CAC services and rated CAC performance highly
Carman, 2004; Rasmusson 2011	Qualitative interviews: positive evaluation of child—friendly and safe environment, and interactions with staff



Mental Health Services

Study	Result
Jones et al., 2007	60% of clients in CACs referred to mental health services compared to 22% in non-CAC communities
Conners-Burrow, et al., 2010	CAC screening protocol resulted in 51% of clients entering counseling or having an appointment pending



Medical Services

Study	Result
Walsh, et al., 2007	48% of children in CACs received forensic medical examination vs. 21% in non-CAC communities
Edinburgh, et al, 2008	<ul style="list-style-type: none">• 94% of children in hospital-based CAC received forensic medical exam vs. 48% of matched comparison• 95% received STI testing vs. 20%• 95% received evidence kit vs. 60%



Child Protection Outcomes

Smith et al., 2006 ^a	CAC cases	Non-CAC cases
Substantiation	47%	12%
Cross et al. , 2007	CAC communities	Comparison communities
More child placements	17%	4%

Note. ^a Comparison group from same community; no matching procedure used



Mixed results on criminal justice outcomes

Study	Finding
Joa & Edelson, 2005	<ul style="list-style-type: none">• Criminal charges filed more often with more counts in CAC than comparison• Convictions more likely in CAC cases
Wolfteich & Loggins, 2007	<ul style="list-style-type: none">• CAC did not differ from joint CPS-police team• Time to disposition less in CAC
Edinburgh, et al., 2008	No differences between CAC and comparison
Lippert, et al., 2010	No difference on offender confession
Cross et al., 2008	<ul style="list-style-type: none">• 3 CACs did not differ from comparison on cj outcomes• 1 CAC was more likely to file criminal charges but also more likely to dismiss cases
Walsh, et al., 2008	Time to disposition less in CAC than comparison
Miller & Rubin, 2009	Rate of felony prosecutions was 69% greater when district expanded use of CACs



Other child outcomes

- Lippert et al., 2009 found no difference between CAC and comparison communities on child disclosure
- Shepler, 2010 and Wolfteich & Loggins, 2007 found no difference between CAC and comparison on revictimization



Child trauma and mental health

- Only a few, and not rigorous, studies have examined change in children's mental health and trauma symptoms in CACs
- Herbert & Bromfield, 2015 identify this as a gap
- Is this a meaningful outcome to study?
 - CACs' role is to connect children to evidence-based practice—no direct mental health impact
 - Very strong research support evidence-based mental health treatments



Summary of CAC Impact Studies

- CACs appear to have a big impact on providing:
 - Child-focused location
 - Multidisciplinary response
 - Medical services and possibly mental health and child protection services
- Criminal justice impact mixed--probably depends on the particular CAC and community
- Some outcomes difficult to influence: disclosure, revictimization, offender conviction
- No research on impact on children's mental health--should there be?



Children's Experience Participating in Research

Children's Perception of Research

- A minority of children report being upset
National Survey of Children Exposed to
Violence Study (Finkelhor et al., 2014)
- 5% of youth aged 10 to 17 reported being at
all upset
 - * Only 0.8% reported being pretty or a lot upset
- Only 0.3% say would not participate again had
they known the questions



Children's Perception of Research

- In a large survey in the UK, 8% of children reported being upset (Radford et al., 2013)
- In the National Survey of Adolescents Replication study, 6% of children reported being upset (Zajac et al., 2011)



Perception of Research after Experiencing a CSA Investigation

- 77% of parents of children with a child sexual abuse investigation (N=46) said questions were not at all upsetting (Walsh et al., 2016)
 - * 13% said they were a little upset
- All parents said yes, knowing now what was in the survey, they would still agree to participate
- All teens (N=11) said they were not at all upsetting and would participate again



Where Do We Go From Here?

Gaps in Knowledge and
Ideas for the Future of CAC Research



Gaps in CAC Research

- Well-being and trauma?
- Victim advocacy
- Police investigation
- Tracking cases over time
- Peer review of forensic interviewing
- Evidence kits and crime lab results from medical exams?



Tracking cases over time

- Need to track progress in mental health referrals.
 - Lippert et al., 2008 found that only 54% of children referred to therapy at a CAC had started by 2 months post referral
- Examine links between forensic interview and advocacy and later criminal investigations
 - Do clues from forensic interview and support for family lead to better criminal investigations?



Questions for Future Efficacy Research

- CACs are gateway providers – but research does not appear to be capturing this. How do CACs increase access to services?
- What are the best practices of the core standards – especially victim advocates, MDT and involvement of law enforcement?
- What are the key outcomes to measure?



What questions do you want
answered to help you
at your CAC?



Summary and Discussion

- Need for more research on CAC/MDT response
- Need to clarify key outcomes and specific activities that lead to those outcomes
- Enormous opportunities for CACs

Contact us!

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