RESILIENCE FILM SCREENING AND PANEL DISCUSSION

Wednesday, April 25, 4–6 p.m.
2 Education Building

RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE chronicles the birth of a new movement among pediatricians, therapists, educators, and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease.

“...The child may not remember, but the body remembers.”

MODERATOR
Dr. Michael Braun
Research Specialist, Children and Family Research Center

PANELISTS
Dr. Catherine Corr
Assistant Professor, Special Education
Ms. Deserai Miller
Doctoral Candidate, Special Education
Dr. Tami Fuller
Associate Research Professor, Child and Family Research Center

The original research was controversial, but the findings revealed the most important public health findings of a generation. RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in RESILIENCE are proving, what’s predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they’re using cutting edge science to help the next generation break the cycles of adversity and disease.